

Workshop

CPWELLBEING

HEALTHY LIFE

TRAINING PROGRAM TO IMPROVE
THE WELLBEING OF PERSONS WITH CEREBRAL PALSY
THROUGH INCLUSIVE EATING,
ACTIVITY AND SPORT

14th

May
APPC GONDOMAR
Promotion APCAS

- 10h00 Physical activity at home
- 11h30 Physical activity outside home
- 14h00 Relaxing activities
- 15h30 I choose to be active everyday anywhere

Registrations until 12th May

18th

May
APPC Reahabilitation Centre
Promotion APPC Nutrition Services

- 10h00 Quality of life Model
- 10h30 Principles of healthy eating
- 11h15 Support in the swallowing process and feeding by PEG
- 14h30 Recipes to adapt food

Registrations until 16th May

TO
People with Cerebral Palsy
Families of people with Cerebral Palsy
Professionals who work in support services for people with Cerebral Palsy

14th & 18th
May 2018

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Registrations & Infos

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